

## College, Training and Workforce Prep

### Integrated Education & Training

After Hours CTE Health Sciences LNA Program is a joint initiative between DALC and the Dover Regional Career and Technical Center. Students engage in hands-on experiences and gain valuable real-world knowledge that directly applies to their future job prospects and careers – and can provide the opportunity to earn credit towards a high school diploma.

### Beginner Computer Literacy

Learn the basics of operating a computer, including hardware and software, operating systems, files and folders; using the internet; managing e-mail; basic word processing.

### Intermediate Computer Literacy

Build on existing computer skills to create spreadsheets, conduct research, and complete core curriculum projects. Topics include MS Excel orientation and intro to PowerPoint.

## Transitions Advising

### Skills for Work and Training

- ACCUPLACER Test Preparation and On-Site Testing
- Math, Reading & Writing Refresher Courses
- High School Completion
- English for Speakers of Other Languages
- Workplace Preparation

### College/Training Search and Application

- Connect to Training Programs and Community Resources
- Trade School & Apprenticeship Navigation
- Job Search, Resume and Cover Letter Writing

Customized classes and/or small and large group training is available at your location or ours.

### One-to-one tutoring

Strafford County Adult Tutorial Program provides free one-to-one tutoring in basic skills for anyone 18 or over in Strafford County.



**Dover Adult  
Learning Center**  
*Learning. About You.*



**Academic &  
Employability  
Skills**

**High School  
Completion**

**English for  
Speakers of  
other Languages**

Dover 61 Locust St. 603-742-1030  
Rochester 150 Wakefield St. 603-335-6200

[www.doveradultlearning.org](http://www.doveradultlearning.org)

*In person, online and hybrid options.*

## Adult Foundational Skills

### English for Speakers of Other Languages (ESL)

#### School Year Classes

Online and/or In Person, new students welcome any time.

#### ESL Levels A, B and C

Day/Evening in Dover or Rochester: (6-wk Summer program avail)  
Learn vocabulary, grammar, reading, writing, and conversation to improve your English skills.

#### Civics Reading & Discussion

New students welcome anytime. Some reading and a lot of discussion, pronunciation, grammar, vocabulary, and sharing ideas.

#### Conversation Group

New students welcome anytime. Practice English language pronunciation, vocabulary, conversation, and listening.

#### Short Courses

Such as Punctuation or Grammar; will vary by semester, 8-Week Sessions, Fall or Spring.

#### U.S. Citizenship

(Online) Learn about US government, history, and the responsibilities of democratic life. Curriculum based on US citizenship application and test questions.

#### Advanced ESL Classes

Such as Short Story, Drama or TOEFL Prep; will vary by semester  
Tuition: \$15 (\$10 for Dover residents).

### Academic & Employability Skills (Dover or Rochester)

Essential skills for high school completion, college readiness, employment, advancement or job training. Day and evenings classes.

**Math:** Improve math confidence, computational skills, and number sense. Develop pre-algebra, algebra, geometry and problem solving skills. Practice test questions for HiSET and ACCUPLACER.

**Reading:** Develop comprehension, vocabulary and grammar skills. Gain critical thinking skills, including interpreting, analyzing and synthesizing information from many sources.

**Writing:** Write stronger sentences and paragraphs to better communicate ideas and information. Learn a variety of forms.

## High School Completion

### Adult Diploma Program

**\*Biology:** 15-Week Sessions, fall/spring at Dover HS/online options, (tuition varies)

**\*Chemistry:** 15-Week Sessions, fall/spring at Dover HS/online options, (tuition varies)

**\*Algebra:** Tuition \$60 Online, self-guided, 1 math credit

**Economics:** Tuition \$30 Online, self-guided, .5 social studies credit

**U.S. History:** Tuition \$60 Online, self-guided, 1 U.S. history credit. These classes fulfill Great Bay Community College requirement for high school credit for nursing and other health occupation programs.

#### Alternative Credit Options

Students may earn credit for:  
work experience  
home management  
military service  
community service

#### Available to support you

Childcare  
Scholarships  
Bus tickets

### HiSET High school equivalency preparation and testing

HiSET is the exam NH uses to measure high school equivalency. See our testing schedule:

[doveradultlearning.org/programs/hs-equivalency/](http://doveradultlearning.org/programs/hs-equivalency/)

Most classes are free to eligible learners through grants from the NH Bureau of Adult Education. Placement test may be required.

To get more information  
scan the code with your  
phone camera:

